



# LUMIWHITE

TEETH WHITENING

INFORMED CONSENT FORM



## Introduction

This form contains important information to help you make an informed decision about using LUMIWHITE Teeth Whitening to whiten your teeth. LUMIWHITE Teeth Whitening is a luxurious, professional, teeth whitening system developed by UK dentists. If you are unsure about anything, please speak to your provider. This may be a qualified and registered dentist or a dental hygienist and/or dental therapist working to the prescription of a dentist.

## How does it work?

LUMIWHITE Teeth Whitening gels contain a special whitening agent called Carbamide Peroxide. When it's applied to your teeth, the whitening agent breaks down to release Hydrogen Peroxide and Urea over several hours. Hydrogen Peroxide whitens the teeth by breaking down the large organic molecules that cause staining of the teeth. LUMIWHITE Teeth Whitening is completely safe to use under the supervision of your dentist.

## How long does it last?

LUMIWHITE Teeth Whitening has been designed so the results can be long-lasting. We understand how important it is for you to maintain your lovely new smile and therefore recommend discussing an appropriate whitening top-up regimen with your provider to help you keep your teeth the way you like them.

## How white will my teeth become & how long will it take?

Whiter teeth are guaranteed! LUMIWHITE Teeth Whitening has the potential to whiten your teeth by up to 16 tooth shades. Your teeth will become brighter and whiter after just a couple of days of using LUMIWHITE Teeth Whitening. For optimal results, most patients will whiten their teeth for at least 3 weeks. In some cases, prolonged whitening may be required, though your provider will be able to advise you regarding this.

## Instructions for use

Please refer to the back of the LUMIWHITE Teeth Whitening packaging for instructions on how to use LUMIWHITE Teeth Whitening. Please note these instructions may be modified by your provider.

## How much does it cost?

The cost of LUMIWHITE Teeth Whitening is set by your provider. If there are any additional costs, such as replacing a filling, your provider will inform you.

## Are there any alternative options?

There are various other ways of making the teeth appear brighter, such as: composite veneers, porcelain veneers, whitening toothpastes and other over-the-counter treatments. Please consult your provider for more information regarding these other options.

## Is LUMIWHITE Teeth Whitening safe?

Cosmetic products, such as LUMIWHITE Teeth Whitening, are subject to EU wide safety regulations. These EU requirements are implemented in the UK by the Cosmetic Products Enforcement Regulations 2013 – also known as the EU Cosmetics Regulation. LUMIWHITE Teeth Whitening is safe to use under the supervision of a dentist as long as you are not allergic to any of the ingredients and there are no other contraindications. Rest assured, LUMIWHITE Teeth Whitening products are safe to use. They have been passed by an EU assessor as safe to use and all products are registered into the Cosmetics Products Notification Portal (CPNP).

## How many applications are there per syringe?

A single 3ml LUMIWHITE Teeth Whitening syringe contains enough teeth whitening gel to undergo 3–4 applications (i.e. 3–4 days). The number of applications may, however, differ if your dentist has tailored their instructions to you.



## Who is LUMIWHITE Teeth Whitening suitable for?

We invite everyone to benefit from LUMIWHITE Teeth Whitening however you should always consult your provider who will make the final decision and confirm whether you're eligible to use LUMIWHITE Teeth Whitening.

LUMIWHITE Teeth Whitening products may be used to treat a variety of cases including:

- Dietary stains
- Yellow teeth due to aging
- Tetracycline stained teeth
- Yellow/Brown teeth due to fluorosis
- Discoloured teeth due to calcific metamorphosis
- Anterior teeth prior to composite bonding or porcelain veneers/crowns

## Who is LUMIWHITE Teeth Whitening not suitable for?

This is not an exhaustive list but LUMIWHITE Teeth Whitening products are generally not recommended for:

- Pregnant or breastfeeding women
- Patients who are not dentally fit – i.e. have caries, extensive and/or deficient restorations, periodontal problems or other problems which may cause hypersensitivity during whitening
- Patients who want to whiten their crowns, veneers, fillings or dentures. For such patients there may be other treatment options. Please consult your provider for further information
- Patients who are not willing to carry out the treatment as directed by their provider

## Are there any risks?

### TOOTH SENSITIVITY

LUMIWHITE Teeth Whitening gels contain Potassium Nitrate and Sodium Fluoride – two ingredients, clinically proven, to manage tooth sensitivity. Despite the addition of these ingredients, we understand some patients may still experience sensitivity and this is usually very mild. If you are really struggling, please contact your provider who will be able to advise you. Brushing your teeth, twice daily, with a desensitising toothpaste (e.g. Sensodyne) for at least 1 week prior to whitening your teeth and to continue using the toothpaste throughout your whitening treatment will reduce the risk of tooth sensitivity. You may also manage tooth sensitivity by placing the desensitising toothpaste into your whitening trays and wearing them for at least 30 minutes before or after whitening. Once you have completed your whitening treatment you should no longer experience any tooth sensitivity.

### GUM INFLAMMATION

If the whitening gel is in prolonged contact with the gums, it may cause inflammation and some discomfort. Inflammation of the gums is usually temporary and should settle within a few days, but it can persist longer depending on the degree to which the gums were exposed to the whitening gel.

### ROOT RESORPTION

This is a rare dental condition in which the body's own cells dissolve the tooth root from the inside or outside. There is some evidence which suggests the incidence of root resorption is greater in patients who have undergone root canal treatment followed by internal whitening.

### RELAPSE

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## Declaration of informed consent

The total cost of LUMIWHITE Teeth Whitening will be:

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The procedure for whitening my teeth using LUMIWHITE Teeth Whitening has been fully explained to me and I have had the opportunity to ask questions.

YES / NO

I consent to having my teeth whitened using LUMIWHITE Teeth Whitening.

YES / NO

I consent to photographs being taken and I understand that they may be used for documentation and illustration of my whitening treatment.

YES / NO

Patient Signature

Dentist Signature

Patient Name

Dentist Name

Date

Date